



**MUMMS SPROUTING SEEDS  
2023 ORDER BOOKING PROGRAM**

\* Halifax Seed reserves the right to change terms of payment and pricing during the program period caused by fluctuations in costs, currency exchange rates, freight rates and other conditions beyond our control

STOCK CODE	DESCRIPTION	QTY/ CS	RETAIL
<b>NEW</b>			
MUMBOKPURP100	Bok Choy, Purple 100g	12	\$19.99
MUMBORAGE50	Borage - Fresh Cucumber Flavour 50g	12	\$18.99
MUMCHICORY50	Chicory 50g	12	\$6.99
MUMCHICORY150	Chicory 150g	12	\$18.99
MUMCHICORYRED50	Chicory, Red 50g	12	\$13.99
MUMCOLLARD75	Collard 75g	12	\$9.99
MUMCOLLARD200	Collard 200g	12	\$29.99
MUMFENNEL50	Fennel 50g	12	\$9.99
MUMFENNEL200	Fennel 200g	12	\$31.99
MUMKOMATSUNA75	Komatsuna 75g	12	\$13.99
MUMKOMATSUNA200	Komatsuna 200g	12	\$29.99
MUMKOMATPURP75	Komatsuna, Purple 75g	12	\$13.99
MUMNASTURMIX50	Nasturtium Mixed Colours 50g	12	\$12.99
MUMNASTURRED50	Nasturtium Red 50g	12	\$13.99
MUMBLKQUINOA250	Quinoa, Black - Excellent sprouting quinoa 250g	12	\$8.99
MUMRADISHRUBY100	Radish, Ruby Stem - Deep pink stem, green leaf 100g	12	\$6.99
MUMRADISHRUBY200	Radish, Ruby Stem - Deep pink stem, green leaf 200g	12	\$12.99
MUMTURNIP100	Turnip - Fresh tasting sprout or microgreen! 100g	12	\$9.99
MUMWATERCRESS50	Watercress 50g	12	\$72.99
MUMWHEATHARD125	Wheat, Hard red spring, wheatgrass or milling 125g	12	\$32.99
<b>NEW MIXES</b>			
MUMSPRINGSAL100	Spring Salad - Broccoli, Radish, Red Clover, Alfalfa 100g	12	\$6.99
MUMSPRINGSAL200	Spring Salad - Broccoli, Radish, Red Clover, Alfalfa 200g	12	\$12.99
MUMSALADBOWL100	Salad Bowl Blend - Mung Bean, Black Quinoa, Sesame, Lentils 100g	12	\$4.99
MUMSALADBOWL200	Salad Bowl Blend - Mung Bean, Black Quinoa, Sesame, Lentils 200g	12	\$8.99
MUMRAINBOWRAD100	Rainbow Radish Blend - Red, Triton, Ruby, Daikon 100g	12	\$6.99
MUMRAINBOWRAD200	Rainbow Radish Blend - Red, Triton, Ruby, Daikon 200g	12	\$12.99
MUMBRILLIANTMIX100	Brilliant Microgreen Mix - Crimson Lentil, Green Pea, Red&Triton Radish 100g	12	\$4.99
MUMBRILLIANTMIX250	Brilliant Microgreen Mix - Crimson Lentil, Green Pea, Red&Triton Radish 250g	12	\$9.99
MUMADZUKIBEAN125	Adzuki Beans 125g	12	\$5.99

STOCK CODE	DESCRIPTION	QTY/ CS	RETAIL
MUMADZUKIBEAN275	Adzuki Beans 275g	12	\$11.99
MUMALFALFA125	Alfalfa 125g	12	\$7.99
MUMALFALFA250	Alfalfa 250g	12	\$13.99
MUMARUGULA125	Arugula (Rocket) 125g	12	\$6.99
MUMARUGULA250	Arugula (Rocket) 250g	12	\$12.99
MUMBARLEY125	Barley, Hulless 125g	12	\$2.99
MUMBASIL100	Basil 100g	12	\$34.99
MUMBASIL200	Basil 200g	12	\$69.99
MUMBASILPRPL100	Basil, Purple - Purple-Green Leaves 100g	12	\$29.99
MUMBASILTHAI100	Basil, Thai 100g	12	\$34.99
MUMBEETSUBY100	Beets - Microgreens - Ruby Stems 100g	12	\$11.99
MUMBEETSUBY30G	Beets - Microgreens - Ruby Stems 30g	12	\$5.99
MUMBOKCHOY100	Bok Choy (Pak Choi) - Mild, Sweet Cabbage Flavour 100g	12	\$12.99
MUMBOKCHOY200	Bok Choy (Pak Choi) - Mild, Sweet Cabbage Flavour 200g	12	\$21.99
MUMBROCOLI100	Broccoli 100g	12	\$12.99
MUMBROCOLI200	Broccoli 200g	12	\$21.99
MUMRAAB100	Broccoli Raab (Rapini) 100g	12	\$5.99
MUMRAAB200	Broccoli Raab (Rapini) 200g	12	\$10.99
MUMBUCKWHEAT100	Buckwheat, Hulls On 100g	12	\$3.99
MUMBUCKWHEAT250	Buckwheat, Hulls On 250g	12	\$6.99
MUMCABBAGERED100	Cabbage, Red 100g	12	\$15.99
MUMCABBAGERED200	Cabbage, Red 200g	12	\$29.99
MUMCARROT50	Carrots - Taste Like Baby Carrots! 50g	12	\$12.99
MUMCHIA100	Chia, Black New Lower Price 100g	12	\$5.99
MUMCHIA200	Chia, Black New Lower Price 200g	12	\$8.99
MUMREDCLOVER125	Clover, Red 125g	12	\$7.99
MUMREDCLOVER250	Clover, Red 250g	12	\$12.99
MUMCORIANDER100	Coriander Seed (Cilantro) 100g	12	\$4.99
MUMCORIANDER30	Coriander Seed (Cilantro) 30g	12	\$2.99
MUMCRANBEAN250	Cranberry Bean (Speckled Sugar Bean) 250g	12	\$7.99
MUMCRESS125	Cress, Garden (Curly) -Grow In Soil Or Tray For Cuttings 125g	12	\$7.99
MUMCRESS250	Cress, Garden (Curly) -Grow In Soil Or Tray For Cuttings 250g	12	\$13.99
MUMCRIMSON	Crimson Clover (Larger Than Red) 125g	12	\$7.99
MUMCRIMSON250	Crimson Clover (Larger Than Red) 250g	12	\$13.99
MUMDILL100	Dill 100g	12	\$13.99
MUMDILL50	Dill 50g	12	\$7.99
MUMFAVABEAN125	Fava Beans - 125g	12	\$3.99
MUMFAVABEAN300	Fava Beans - 300g	12	\$6.99
MUMFENNEL200	Fennel 200g	12	\$31.99
MUMFENNEL50	Fennel 50g	12	\$9.99
MUMFENUGREEK125	Fenugreek 125g	12	\$4.99
MUMFENUGREEK250	Fenugreek 250g	12	\$6.99
MUMBROWNFLAX100	Flax Seed, Brown - Sprouting Or Baking 100g	12	\$2.99
MUMBROWNFLAX200	Flax Seed, Brown - Sprouting Or Baking 200g	12	\$4.99
MUMGARBANZO275	Garbanzo Beans 275g	12	\$7.99
MUMGARLIC150	Garlic Chives 150g	12	\$31.99

STOCK CODE	DESCRIPTION	QTY/ CS	RETAIL
MUMGARLIC75	Garlic Chives 75g	12	\$16.99
MUMKALE100	Kale, Green 100g	12	\$13.99
MUMKALE200	Kale, Green 200g	12	\$24.99
MUMKAMUT125	Kamut® Grain, For Sprouting Or Milling 125g	12	\$3.99
MUMKAMUT300	Kamut® Grain, For Sprouting Or Milling 300g	12	\$6.99
MUMKOHLRABI100	Kohlrabi, Purple 100g	12	\$13.99
MUMKOHLRABI200	Kohlrabi, Purple 200g	12	\$23.99
MUMFRNCHLENTIL125	Lentils, French Green 125g	12	\$3.99
MUMFRNCHLENTIL275	Lentils, French Green 275g	12	\$6.99
MUMCRIMLENTILS125	Lentils, Small Crimson 125g	12	\$4.99
MUMCRIMLENTILS275	Lentils, Small Crimson 275g	12	\$6.99
MUMMUNG125	Mung Beans 125g	12	\$5.99
MUMMUNG250	Mung Beans 250g	12	\$8.99
MUMBRMUSTARD100	Mustard Seed, Brown -Hot- 100g	12	\$3.99
MUMBRMUSTARD200	Mustard Seed, Brown -Hot- 200g	12	\$6.99
MUMORIMUSTARD100	Mustard Seed, Oriental -Hotter- 100g	12	\$3.99
MUMORIMUSTARD200	Mustard Seed, Oriental -Hotter- 200g	12	\$6.99
MUMYLWMUSTARD100	Mustard, Yellow -Hot- 100g	12	\$3.99
MUMYLWMUSTARD200	Mustard, Yellow -Hot- 200g	12	\$5.99
MUMONION200	Onion 200g	12	\$42.99
MUMONION75	Onion 75g	12	\$17.99
MUMPEASDWFSUGAR1	Peas, Dwarf Grey Sugar - Leafy Shoots 125g	12	\$4.99
MUMPEASDWFSUGAR2	Peas, Dwarf Grey Sugar - Leafy Shoots 275g	12	\$7.99
MUMGREENPEAS125	Peas, Green, Short Sprouts 125g	12	\$4.99
MUMGREENPEAS275	Peas, Green, Short Sprouts 275g	12	\$7.99
MUMPEAOREGON125	Peas, Oregon Giant - Lovely Short Sprouts 125g	12	\$3.99
MUMPEAOREGON275	Peas, Oregon Giant - Lovely Short Sprouts 275g	12	\$5.99
MUMSPKPEAS125	Peas, Speckled, Tall Shoots 125g	12	\$3.99
MUMSPKPEAS275	Peas, Speckled, Tall Shoots 275g	12	\$5.99
MUMBLKQUINOA125	Quinoa, Black - Excellent Sprouting Quinoa 125g	12	\$4.99
MUMWHTQUINOA125	Quinoa, White - Excellent Sprouting Quinoa 125g	12	\$5.99
MUMWHTQUINOA250	Quinoa, White - Excellent Sprouting Quinoa 250g	12	\$10.99
MUMRADISHDIKON100	Radish, Daikon 100g	12	\$5.99
MUMRADISHDIKON200	Radish, Daikon 200g	12	\$8.99
MUMRADISH100	Radish, Red - New, Lower Price 100g	12	\$10.99
MUMRADISH200	Radish, Red - New, Lower Price 200g	12	\$19.99
MUMRADISHTRITON100	Radish, Triton -Purple Stems, Green Leaves 100g	12	\$6.99
MUMRADISHTRITON200	Radish, Triton -Purple Stems, Green Leaves 200g	12	\$11.99
MUMSESAME100	Sesame Seeds - Hulls On, Delicious Short Sprouts 100g	12	\$5.99
MUMSUNFLOWER150	Sunflower Seeds, Hulls On, Sm. Black 150g	12	\$7.99
MUMSUNFLOWER75	Sunflower Seeds, Hulls On, Sm. Black 75g	12	\$4.99
MUMSWISSCH30	Swiss Chard, Red 30g	12	\$4.99
MUMSWISSCH75	Swiss Chard, Red 75g	12	\$10.99
MUMWHEAT125	Wheat Hard Red For Wheatgrass 125g	12	\$3.99
MUMWHEAT300	Wheat Hard Red For Wheatgrass 300g	12	\$5.99

### MIXES

STOCK CODE	DESCRIPTION	QTY/ CS	RETAIL
MUMBROCOLIBLD100	Broccoli Brassica Blend 100g	12	\$7.99
MUMBROCOLIBLD200	Broccoli Brassica Blend 200g	12	\$13.99
MUMSANDWICH125	Sandwich Booster 125g	12	\$6.99
MUMSANDWICH250	Sandwich Booster 250g	12	\$11.99
MUMANCEASTERN125	Ancient Eastern Blend 125g	12	\$5.99
MUMANCEASTERN250	Ancient Eastern Blend 250g	12	\$7.99
MUMBEANMIX125	Crunchy Bean Mix 125g	12	\$4.99
MUMBEANMIX275	Crunchy Bean Mix 275g	12	\$6.99
MUMMELLOWMIX100	Mellow Microgreen Mix 100g	12	\$8.99
MUMMELLOWMIX200	Mellow Microgreen Mix 200g	12	\$15.99
MUMMGSSALAD125	Microgreen Salad Mix 125g	12	\$4.99
MUMMGSSALAD250	Microgreen Salad Mix 250g	12	\$7.99
MUMSPICYLENTIL125	Spicy Lentil Crunch 125g	12	\$6.99
MUMSPICYLENTIL250	Spicy Lentil Crunch 250g	12	\$9.99
MUMSPMGBLD100	Spicy Microgreen Blend 100g	12	\$8.99
MUMSPMGBLD250	Spicy Microgreen Blend 250g	12	\$19.99
MUMSPSALAD100	Spring Salad 100g	12	\$7.99
MUMSPSALAD250	Spring Salad 250g	12	\$14.99
<b>MIXED CASES</b>			
MUMBESTSELLERSSM	Best Sellers Mixed Case Small	12	\$84.99
MUMBESTSELLERSLG	Best Sellers Mixed Case Large	12	\$131.99
MUMGREATMIXLG	Great Mixes Case Large Pack	12	\$119.88
MUMGREATMIXSM	Great Mixes Case Small Pack	12	\$71.99
MUMMICROMIXSM	Microgreens Mixed Case Small	12	\$71.99
MUMMICROMIXLG	Microgreens Mixed Case Large	12	\$135.99
<b>SPROUTING EQUIPMENT</b>			
MUMLID	Sprouting Lid	36	\$4.99
MUMMGLASS1L	1L Glass Sprouting Jar	4	\$9.99
MUMEASYSROUTER	Easysprout Sprouter	4	\$22.99
MUMGLASS/SEEDS	1l Glass Sprouting Jar with seed	1	\$14.99
MUMMASONTOP	Masontop™ Bean Screen, 2 ea	6	\$16.99
<b>BOOKS</b>			
MUMBOOK	Wonders Of Sprouting	10	\$6.99
MUMHOMEGRWN	Homegrown Sprouts - Rita Galchus	1	\$37.99
MUMSPRTGRDN	Sprout Garden - Mark Braunstein	1	\$37.99
MUMMICROGRDN	Microgreen Garden - Mark Braunstein	1	\$25.99
MUMCOMPGUIDE	Complete Guide to Growing & Using Sprouts - Richard Helweg	1	\$30.99
MUMYRRNDGRDN	Year Round Indoor Salad Gardening - Peter Burke	1	\$51.99
MUMCOOKBOOK	Sproutman's Kitchen Garden Cookbook - Steve Meyerowitz	1	\$24.99
MUMWHEATGRASS	Wheatgrass, Nature's Finest Medicine - Steve Meyerowitz	1	\$21.99
MUMMIRACLEFOOD	Sprouts - The Miracle Food - Steve Meyerowitz	1	\$14.99
MUMSUPERFOOD	Microgreens - how to grow nature's own superfood - Fiona Hill	1	\$24.99

STOCK CODE	DESCRIPTION	QTY/ CS	RETAIL
<b>GIFT BAGS</b>			
MUMGIFTBAGLG	Large Gift Bag	1	\$45.99
MUMGIFTBAGME	Medium Gift Bag	1	\$29.99
MUMGIFTBAGSM	Small Gift Bag	1	\$14.99
<b>DISPLAY</b>			
MUMMSP-DRFLOOR	Mumms Sprouting Seed Display Contains: 36 x Sprouting Lids 36 x MUMLID 6 x MUMMGLASS1L , MUMBOOK 4 x MUMALFALFA125 , MUMANCEASTERN125 , MUMBROCOLI100 , MUMBROCOLIBLENC MUMBEANMIX125 , MUMRADISHDIKON100 , MUMCRIMLENTIL125 , MUMMUNG125 , MUMREDCLOVER125 , MUMSANDWICH125 , MUMSPICYLENTIL125		\$508.99